

# Family & Community Services of Somerset County

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There are serious mental health and substance abuse challenges throughout the world and Somerset County is not immune to these obstacles. **Approximately 20% of youths, ages 13 to 18, experience severe mental disorders in a given year including anxiety, depression, schizophrenia and bipolar disorder.** Left untreated, they set out into the world without the basic tools to help guide them towards a successful adulthood. They are more likely to engage in risky behavior, attempt suicide, drop out of school or have difficulty finding employment. **Sadly, almost 60% of adults and youths with a mental illness receive no mental health services.**

The mission of Family and Community Services of Somerset County (FCS) is simple. Our goal is to enhance the quality of life for individuals, families and communities by providing mental health and addiction treatment and services.

Here's what some of our clients have had to say:

*"This agency is a place where one can reflect and change erroneous and mistaken ideas."*

*"I'm very happy you helped me to see and recognize my problem. I will change forever."*

*"Caring and helpful atmosphere. I was at ease right away and my counselor really cares about people."*

*"I am very pleased with my Grandson's therapist. His concerns, care and patience were amazing."*

*"I received very good care and it has helped quite a bit to better my life in society."*

*"My therapist did a great job helping me to be a better person."*

### **This is where you can help ...**

In this season of giving, we ask that you remember FCS. The number of children, adults and families on our waiting list continues to grow. **We need your financial support to help those around us that face these struggles.** Your tax-deductible donation will make a difference!

Thank you from our family to yours. Wishing you a safe, happy and healthy season!

*Family and Community Services of Somerset County*

*Eric Harris, LSCW – Executive Director, The Board of Directors and Staff*

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## Family & Community Services of Somerset County

I would like to donate:

\$50.00 Will help subsidize one hour of therapy for someone in need

\$100.00 Will help subsidize one hour of therapy for 2 people in need

\$ \_\_\_\_\_ I would like to help as much as possible

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Many companies have donation matching programs.  
Please check with your employer to see if it is available.

You can also donate using a credit card via PayPal. Please visit our  
Website at: [www.fcssomerset.org](http://www.fcssomerset.org)

Use GoodSearch ([www.goodsearch.com](http://www.goodsearch.com)) for your  
online searching and help FCS everyday!

Family & Community Services of Somerset County is a 501c-3 non-profit agency.